

Sharim V'Rokdim

שרים ורוקדים

**Songs and stories to share Jewish holidays,
values and traditions.**

Lots of ways to stay in touch!

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Find my music at:

www.joaniecalem.com

Or here on YouTube at:

https://www.youtube.com/channel/UCgptemKE6eHbvJIBZEAHsVw?disable_polymer=true

Or here on OySongs at:

https://www.oysongs.com/products/artist.cfm?artist_id=421

**By making songs and stories interactive,
we provide engaging material for a variety
of age groups and settings, using
techniques to further enrich the
experience of Jewish values and traditions
and provide brain breaks for classroom
settings.**

**I will incline my ear to a proverb, I will
solve my riddle to the music of the lyre.**

Proverbs 49/5

Jewish Values - Middot

- Acts of Loving Kindness
 - Passing on wisdom
 - Care for things, do not destroy
 - Compassion
 - Courage
 - Do not be passive in the face of violence
 - Make the mitzvah beautiful
 - Ethical treatment of animals
- גמילות חסדים
ושננתם לבניך
בל תשחית
רחמים
אמץ לב
לא תעמוד על דם רעך
הדור מצווה
צער בעלי חיים

• Forgiveness	סליחה
• Friendship	חברות
• Generosity	נדיבות
• Gratitude	הכרת הטוב
• Happiness	שמחה
• Honesty	יושר
• Honor, Respect	כבוד
• Hope	תקווה
• Hospitality	הכנסת אורחים
• Humility	ענווה
• Seeing all as the image of G'd	בצלם אלהים
• Justice	דין

• Learning	תלמוד תורה
• Love of all G'ds creations	אהבת הבריאות
• Love your neighbor as yourself	ואהבת לרעיק כמוך
• Loving Kindness	חסד
• Mercy	רחמים
• Moderation	שביל הזהב
• Patience	סבלנות
• Peace	שלום
• Peace in the home	שלום בית
• Proper behavior	דרך ארץ
• Redemption of Captives	פדיון שבויים
• Repairing the World	תקון עולם

- Righteousness צדקה
- Saving a Life פקוח נפש
- See each person as unique אדם יחיד
- Simplicity הסתפקות
- Take care of your body שמירת הגוף
- Tolerance סובלנות
- Truthfulness אמת
- Visiting the sick בקור חולים
- Watch your speech, do not gossip לשון הרע
- Welcoming guests הכנסת אורחים

There is so much to teach from each middah!

(For example, my thoughts on Hachnasat Orchim)

Welcome

Interest

Inclusion

Providing
Nourishment

Acceptance

Cultural
Curiosity

Appreciating
Differences

Outreach

Openness

Community
Building

Sukkot...סוכות

- Building a Sukkah

https://www.youtube.com/watch?v=8R-xqtrXNOI&list=OLAK5uy_krJPhpwqK2flzGXF6fhA0N5IYBVV5rATE&index=8

- Let the Stars Peak Through

https://www.youtube.com/watch?v=D8fN_Gu7l6A&list=OLAK5uy_krJPhpwqK2flzGXF6fhA0N5IYBVV5rATE&index=9

- Orchim L'Chag

https://www.youtube.com/watch?v=v-EH04oX1D4&list=OLAK5uy_krJPhpwqK2flzGXF6fhA0N5IYBVV5rATE&index=10

- Sukkat Shalom

https://www.youtube.com/watch?v=8i8qqhhAZS0&list=OLAK5uy_m_lstw5-Qs-Z9OS1zmpZz_x1m9gRSYRR0&index=9

- Mashiv HaRuach

https://www.youtube.com/watch?v=BOQFcjVjtis&list=OLAK5uy_m_lstw5-Qs-Z9OS1zmpZz_x1m9gRSYRR0&index=10

- Mayim Chaim

https://www.youtube.com/watch?v=xTVIJ3zhPQc&list=OLAK5uy_m_lstw5-Qs-Z9OS1zmpZz_x1m9gRSYRR0&index=11

- It Could Always Be Worse*

https://www.youtube.com/watch?v=cOjld9_DtSg&list=OLAK5uy_kWtmtVU1wc7p0uvPmNXMqaiDJ0drxzImA&index=4

- Noah and the Ark

https://www.youtube.com/watch?v=NI5679lvFGg&list=OLAK5uy_kWtmtVU1wc7p0uvPmNXMqaiDJ0drxzImA&index=9

Grandfather and the Enormous Carrot...Sukkot

by Joanie Calem © 1998

<https://www.youtube.com/watch?v=ieRxd2kDs9Y&list=PLRSR49sUJAnv8NaUCwRv3Vw15Ypm9eH6A&index=3>

Grandfather planted the carrot in his garden, he watered it carefully.
He fretted and he muttered, and he weeded and he pattered,
then he let that carrot be.
And it grew and it grew and it grew and it grew,
'til it was so big that grandfather knew
That he'd never get it out, but...
He pulled and he pulled and he pulled and he pulled,
but nothing helped, that carrot wouldn't move.

So Grandfather called to Grandmother, come help me if you please
Our carrot is huge and I just can't move it,
but with your help I'll do it with ease.
So Grandfather and Grandmother,
they pulled and they pulled and they pulled and they pulled,
But nothing helped, that carrot wouldn't move

So Grandmother called to my mama, come help us if your please
Our carrot is huge and I just can't move it,
but with your help I'll do it with ease.
So Grandfather and Grandmother and Mama,
they pulled and they pulled and they pulled and they pulled,
But nothing helped, that carrot wouldn't move

So Mama called me from my homework, come help us if you please
Our carrot is huge and I just can't move it,
but with your help I'll do it with ease.
So Grandfather and Grandmother and Mama and me,
we pulled and we pulled and we pulled and we pulled,
But nothing helped, that carrot wouldn't move.

So then I called to Farfel my dog, come help us if you please
Our carrot is huge and I just can't move it,
but with your help I'll do it with ease.
So Grandfather and Grandmother and Mama and me and Farfel the dog,
we pulled and we pulled and we pulled and we pulled,
but nothing helped, that carrot wouldn't move.

So Farfel called to Kashka the cat, come help us if you please
Our carrot is huge and I just can't move it,
but with your help I'll do it with ease.
So Grandfather and Grandmother and Mama and me and Farfel the dog
and Kashka the cat,
we pulled and we pulled and we pulled and we pulled,
but nothing helped, that carrot wouldn't move.

So Kashka called to Pitzi the mouse, come help us if you please.
Our carrot is huge and we just can't move it,
But with your help we'll do it with ease.
So Grandfather and Grandmother and mama and me, and Farfel the dog
and Kashka the cat and Pitzi the mouse,
We pulled and we pulled and we pulled and we pulled,
and this time it worked, the great carrot moved!

Down came Grandfather, down came Grandmother,
Down came Mama, down came me!
Down came Farfel, down came Kashka, Down came Pitzi,
and the carrot was free!

Expanding the Story!

- Grandfather: put one hand on chin like a beard
 - Grandmother: put “glasses” around eyes with forefinger and thumb of each hand
 - Mama: put on big “earrings” with forefinger and thumb of each hand on each ear lobe
 - Me: point at self
 - Farfel: put pretend dog ears on top of head with forefinger and thumb in triangle shape
 - Kashka: pull fingers of each hand out from nose like you are stroking whiskers
 - Pitzi: point at nose
 - Do each motion as each name is repeated.....
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- People usually perceive that the lesson of this story is about teamwork, but I also like to point out that the last character is a mouse, and the smallest character is a mouse, teaching us that even the smallest character in the room is an essential part of that teamwork.

It Could Always Be Worse

by Joanie Calem © 2000, https://www.youtube.com/watch?v=cOjld9_DtSg&list=PLRSR49sUJAnv8NaUCwRv3Vw15Ypm9eH6A&index=4

Once there was an old man, he lived in one small room. Everything seemed too noisy, it made him want to fume.
The bed squeak- squeaked, and the floor creak-creaked. The leaves rattle-rattled, and the shutters clatter-clattered.

Well the old man needed help, he simply could not sleep.
He went to see a wise-woman, she said "Bring inside your sheep!"

So now...the bed squeak- squeaked, and the floor creak-creaked!
The leaves rattle-rattled, and the shutters clatter-clattered,
and the sheep baa-baaed!

Well the old man needed help, he was feeling a little wonkey,
The wise-woman told him this, "Go bring inside your donkey!"

So now...the bed squeak- squeaked, and the floor creak-creaked!
The leaves rattle-rattled, and the shutters clatter-clattered.
The sheep baa-baaed, and the donkey hee-hawed!

The old man needed help, he went to sleep in his boat
The wise-woman told him this, "Go bring inside your goat!"

So now...the bed squeak- squeaked, and the floor creak-creaked!
The leaves rattle-rattled, and the shutters clatter-clattered.
The sheep baa-baaed, and the donkey hee-hawed,
and the goat mah-mahed!

Well the old man needed help, he felt he was out of luck
The wise-woman told him this, "Go bring inside your duck!"

So now.....the bed squeak- squeaked, and the floor creak-creaked!
The leaves rattle-rattled, and the shutters clatter-clattered.
The sheep baa-baaed, and the donkey hee-hawed.
The goat mah-mahed, and the duck quack quacked!

Well the old man needed help, he needed a little booster
The wise-woman told him this, "Go bring inside your rooster!"

So now...The bed squeak- squeaked, And the floor creak-creaked!
The leaves rattle- rattled, And the shutters clatter-clattered.
The sheep baa-baaed, the donkey hee-hawed.
The goat mah-mahed, and the duck quack quacked,
and the rooster cockadoodledoo!

Oh the old man needed help, his house was just too loud.
The wise-woman told him this, "Go bring inside your cow!"

So now...The bed squeak- squeaked, And the floor creak-creaked!
The leaves rattle- rattled, And the shutters clatter-clattered.
The sheep baa-baaed, the donkey hee-hawed.
The goat mah-mahed, and the duck quack quacked.
The rooster cockadoodledoo, and the cow moo-mooed!

Now the house was really crazy, and full of animals too.
He went back to that wise woman, this really wouldn't do!

The wise woman told him this, I know just what to do.
Take away all the animals and see how that suits you.

Put the sheep and the donkey out in the yard.
Put the goat and the duck out on the farm.
Put the rooster and the cow out in the barn.

So now...The bed still squeaks, and the floor still creaks.
The leaves still rattle, and the shutters still clatter...and it seems so quiet!

Expanding the Song!

- Exploring the history of Sukkot, that our ancestors lived in booths/huts and we can be grateful for what we now have, providing the idea of having perspective...
- Add puppets for each animal
- Add instruments for each animal
- Let students act out the various parts